

34, Old Mahabalipuram Road, IT Highway, Egattur, Chennai 603 103 Phone: 044 - 27470391 - 92 - 93 - 94 Email: admin@msajaarch-edu.in



# **BEST PRACTICE 1**

"Sense and Sensitivity"

-A pathfinder for
Academic Proficiency
And
Personality Development





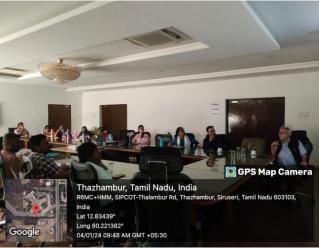
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# **ACADEMIC PROFICIENCY**

**Professor Emeriti** assists faculty in guiding studios to achieve their goals, framing studio briefs, and orienting faculty toward contextualizing design studio briefs with a focus on the three **C's: context, climate, and culture** The institution provides numerous opportunities for faculty to engage in knowledge sharing through Faculty Development Programs (FDP), participation in hands-on workshops, and discussions with distinguished individuals in the field of architecture. In addition, tailored programs are curated throughout the year to enhance academic proficiency, providing faculty members with one-on-one interactions with Professor Emeriti and other multidisciplinary professionals.









Interactive sessions with Professor KT Ravindran (PROFESSOR EMRITUS)



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### **DESIGN STUDIO MENTORS**

In an effort to foster a closer connection between academia and professional practice, we extend invitations to accomplished architects to serve as supplementary **studio mentors**. These architects engage with students individually, providing personalized guidance, as well as addressing the student cohort on pertinent subjects to bolster their studio advancement. Concurrently, Faculty Mentors assist students in assimilating into the broader culture of our architectural institution, facilitating an environment conducive to quality education and cultivating a thriving ecosystem of research, innovation, and entrepreneurship













Egattur, Chennal - 603 103.

Design studio: architectural design vi / year: iv / sec: a / sem: vii / batch: 2020-2025

Mentor: Ar. subbiah



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Design studio: architectural design vi / year: iv / sec: b / sem: vii / batch: 2020-2025

Mentor: ar. Vivek Anand





Design studio: architectural design studio vii/ year: iv / sec: a & b / sem: viii / batch: 2020-2025

Mentor: ar. Deepak Rao





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Design studio: architectural design vi / year: iv / sec: b / sem: vii / batch: 2020-2025

Mentor: ar. Vivek Anand





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# PERSONALITY DEVELOPMENT

### TYPE OF MENTORING

Peer group mentoring and Individual mentoring with mentors

## Topic of discussion in the peer group and one to one discussions.

- The meeting starts with the introduction of mentor and mentee.
- General discussions about campus life and relationship with peers, seniors, juniors and faculty members.
- Discussion on Subject difficulties and submissions.
- Discussion with students how to improve their ability to cope with the workload and to understand the content.
- Peer mentoring is conducted once a semester usually in the beginning of the semester.





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Pictures of Peer mentorship meetings





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Class counseling for students conducted by clinical Psychologist



An orientation session by our clinical psychologists for all the students of MSAJAA





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## **AWARENESS SESSIONS**

## Mentorship session – POSITIVE MENTAL HEALTH AND WELL BEING / 2nd, 3rd and 4th years

NAME OF THE EVENT: Mentorship session for Students -

Positive mental health and well being

CONDUCTED BY: Counsellor Ms. Madhumitha, Clinical Psychologist, Chennai

**DATE:** 29th Sep 2022

VENUE: Auditorium - MSAJAA

NO. OF. PARTICIPANTS: 2nd,3rd,4th year students

NO. OF AUDIENCE/ ATTENDEES: 150

#### ABOUT THE EVENT:

The **Mentorship** cell of Mohamed Sathak A.J Academy of Architecture scheduled a session for students on 29th Sep 2022 Thursday. The meeting started at 02.00 AM with an introduction by Ar.Yagapriya, Mentorship cell, following which there was a session with our institution **Counsellor Madhumitha**, **Clinical Psychologist**. The topic of the first session was **Positive mental health and well being** to educate students that mental health is a state of mental well-being that enables people to cope with the stresses of life, realize their abilities, learn well and work well, and contribute to their communities. It is an integral component of health and well-being that underpins our individual and collective abilities to make decisions, build relationships and shape the world we live in. Mental health is a basic human right. And it is crucial to personal, community and socio-economic development. Ideas to overcoming obstacles and incorporating goals into daily routine was discussed. The session concluded with an activity and sharing on how mental health is important.

EVENT COORDINATOR: Ar. Yagapriya-Associate Professor, MSAJAA.

## **EVENT SCHEDULE:**

Student Mentorship session-1 29.9.2022

Time: 2:00 PM-3.15 PM

Venue: MSAJAA Auditorium

2:00 PM-2.15 PM Presentation on Mentorship Cell to explain the process of Mentor-Mentee followed in MSAJAA

2:10 PM-3.00 PM Presentation - Topic: Positive mental health and well being

2:10 PM-3.00 PM Activity & Discussion

Dr. Ranee Vedamuthu
Director
Md.Sathak A.J. Academy of Architecture

Egattur, Chennai - 603 103.



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Pictures of the session



Md.Sathak A.J. Academy of Architecture Egattur, Chennai - 603 103.



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## **AWARENESS SESSIONS**

# Mentorship session – STRESS MANAGEMENT / 3<sup>rd</sup> and 4<sup>th</sup> years

# Mentorship event for 3 rd and 4 th year students **REPORT**

NAME OF THE EVENT: Mentorship event - Counsellor session with Ms.Tejaswy -

Stress management

CONDUCTED BY: Ar. Yagapriya-Associate Professor, MSAJAA, Counsellor

Ms.Tejaswy

**DATE:** 22<sup>th</sup> AUG 2023

VENUE: Studio 5 and Studio 6

NO. OF. PARTICIPANTS: 110

NO. OF AUDIENCE/ ATTENDEES: 98

#### ABOUT THE EVENT:

The Mentorship cell of Mohamed Sathak A.J Academy of Architecture scheduled a session for third and fourth year students as a part of the mentorship events on 22.08.2023 Tuesday. The meeting started at 10.15 AM with an introduction by Ar.Yagapriya, Mentorship cell following which there was a session with our institution Counsellor Ms.Tejaswy. The topic of the first session was Stress management to help students to manage the stress that they are facing. The Counsellor also discussed on how to help oneself when they feel overstressed. Important tips were given to help the students manage everything on time so that they are stressed at the last minute.

EVENT COORDINATOR: Ar. Yagapriya-Associate Professor, MSAJAA.

Ar Ranjani, Assistant Professor, MSAJAA

#### EVENT SCHEDULE:

Mentorship event - 22 August 2023

Time: 10.15 AM-11.30 AM

Venue: Studio 5 and studio 6

10.15 AM – 10.30 AM Presentation on Mentorship event and introduction

10.30 AM – 11.15 AM Presentation - Topic: Stress management

Counsellor Ms. Tejaswy

11.15 AM – 11.30 AM - Discussion

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Dr. Ranee Vedamuthu
Director
Md.Sathak A.J. Academy of Architecture
Feattur. Chennai - 603 103.



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Pictures of the session



Dr. Ranee Vedamuthu Director Md.Sathak A.J. Academy of Architecture Egattur, Chennai - 603 103.



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## AWARENESS SESSIONS

## Mentorship session – CULTIVATING A POSITIVE MIND-SET/ 1st years

## **B.Arch Induction week 2023** REPORT

NAME OF THE EVENT: B.Arch Induction week-Mentorship session Introduction & Counsellor session with Ms. Tejaswy - Cultivating a positive Mindset

CONDUCTED BY: Ar. Yagapriya-Associate Professor, MSAJAA, Counsellor

Ms. Tejaswy

DATE: 19 SEP 2023

VENUE: Crit Hall - MSAJAA

NO. OF. PARTICIPANTS: 63

NO. OF AUDIENCE/ATTENDEES: 60

**DIGNITARIES:** PROF.SATISH KUMAR - HOD-Admin

#### ABOUT THE EVENT:

The Mentorship cell of Mohamed Sathak A.J Academy of Architecture scheduled a session for First year students as a part of the B.Arch Induction week on 19.09.2023 Tuesday. The meeting started at 10.15 AM with an introduction by Ar. Yagapriya, Mentorship cell following which there was a session with our institution Counsellor Ms. Tejaswy. The topic of the first session was Cultivating a positive Mindset to encourage first year students to have positive mindset for the fresh start. The Counsellor also discussed on the importance of positivism in practice and benefits of the same. Visualization and positive affirmations are powerful tools to help students cultivate positivism. Ideas to overcoming obstacles and incorporating positive mindset into daily routine was discussed. The session concluded with an activity and sharing on how to sustain a positive mind set.

**EVENT COORDINATOR:** Ar. Yagapriya-Associate Professor, MSAJAA. Ar Ranjani, Assistant Professor, MSAJAA

#### **EVENT SCHEDULE:**

Mentorship session-1 Day 1 – 19 September 2023

Time: 10.15 AM-11.30 AM

Venue: MSAJAA crit hall

10.15 AM - 10.30 AM Presentation on Mentorship Cell to explain the process of Mentor -

Mentee followed in MSAJAA

10.30 AM – 11.15 AM Presentation - Topic: Cultivating a positive Mindset

Counsellor Ms.Tejaswy

11.15 AM – 11.30 AM Activity & Discussion

Dr. Ranee Vedamuthu Director Md.Sathak A.J. Academy of Architecture Egattur, Chennai - 603 103.

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Acitivity session -Cultivating a positive Mindset-Counsellor Ms. Tejaswy/ Ar Yagapriya



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#### **AWARENESS SESSIONS**

## Mentorship session – CULTIVATING A POSITIVE MIND-SET /2nd years

# Mentorship event for 2 nd year students REPORT

NAME OF THE EVENT: Mentorship event - Counsellor session with Ms.Tejaswy - Cultivating positive mindset

CONDUCTED BY: Ar. Yagapriya-Associate Professor, MSAJAA, Counsellor

Ms.Tejaswy

**DATE:** 03 OCT 2023

**VENUE: Studio 4** 

NO. OF. PARTICIPANTS: 83

NO. OF AUDIENCE/ATTENDEES: 75

#### ABOUT THE EVENT:

The **Mentorship** cell of Mohamed Sathak A.J Academy of Architecture scheduled a session for second year students as a part of the **mentorship events** on 03.10.2023 Tuesday. The meeting started at 11.00 AM with an introduction by Ar.Yagapriya, following which there was a session with our institution **Counsellor Ms.Tejaswy**. The topic of the first session was **cultivating positive mindset** to help students to have a positive outlook .The Counsellor also discussed how to see the positivity in everything and how a positive mindset can impact one's action.

EVENT COORDINATOR: Ar. Yagapriya-Associate Professor, MSAJAA.

Ar Ranjani, Assistant Professor, MSAJAA

#### EVENT SCHEDULE:

# Mentorship event – 03 · October 2023

Time: 11.00 AM-12.15 pm

Venue: Studio 4

11.00 AM – 11.15 AM Presentation on Mentorship event and introduction 11.15 AM – 12.00 PM Presentation - Topic: **cultivating positive mindset** 

Counsellor Ms. Tejaswy

12.00 PM - 12.15 PM - Discussion

Dr. Ranee Vedamuthu



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Pictures of the session





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## MENTORSHIP SESSION FOR FACULTY

## NAVIGATING STRESS AND PERSONAL GROOMING FOR SUCCESS

## **Faculty Counseling Session 2023** REPORT

NAME OF THE EVENT: Mentorship session for Faculty - Navigating Stress and personal grooming for success

CONDUCTED BY: Ar, Yagapriya-Associate Professor, MSAJAA. Counsellor

Ms. Tejaswy

DATE: 2nd Jan 2024

VENUE: Conference Hall - MSAJAA

NO. OF. PARTICIPANTS: 23

NO. OF AUDIENCE/ ATTENDEES: 23

DIGNITARIES: PROF. VANADANA - HOD ACADEMIC PROF. SATISH KUMAR -

HOD-Admin

#### ABOUT THE EVENT:

The Mentorship cell of Mohamed Sathak A.J Academy of Architecture scheduled a session for Faculty on 02.02.2024 Tuesday. The meeting started at 02.00 AM with an introduction by Ar. Yagapriya, Mentorship cell, following which there was a session with our institution Counsellor Ms. Tejaswy. The topic of the first session was Navigating Stress and personal grooming for success to encourage faculty members to have a positive mindset and understand stress and its types. The Counsellor also discussed the causes of stress and physiological reactions to stress. Faculty also participated in an self assessment of stress and understood how to overcome stress. Visualization and positive affirmations are powerful tools to help faculty cultivate positivism. Ideas to overcoming obstacles and incorporating positive mindset into daily routine was discussed. The session concluded with an activity and sharing on how to navigate stress.

**EVENT COORDINATOR:** Ar. Yagapriya-Associate Professor, MSAJAA.

**EVENT SCHEDULE:** 

Faculty Mentorship session-1 Day 1 – 02nd January 2024

Time: 2:00 PM-3.15 PM

Venue: MSAJAA Conference hall

2:00 PM-2.15 PM Presentation on Mentorship Cell to explain the process of Mentor -Mentee followed in MSAJAA

2:10 PM-3.00 PM Presentation - Topic: Navigating Stress and personal grooming for success

2:10 PM-3.00 PM Activity & Discussion



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Pictures, Circular and attendance list of the session

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